


for
you...
by sodexo

Weekly Menu

MONDAY

Thai Chicken and Vegetable Stir
Fry with Noodles
Fish and Potato Pie 

Quorn and Red Bean Chilli

Plain Boiled Rice
Baby Boiled Potatoes
Fusilli Pasta
Cut Green Beans
Carrots

Green Salad

Ginger, Honey and Lemon Sponge
with Custard Sauce

WEEK 1

TUESDAY

Minced Beef Fajitas
Sweet and Sour Chicken

Cheese, Onion and Basil Quiche

Oven Baked Potato Wedges
Sweetcorn

Green Salad

Carrot Cake

WEDNESDAY

Honey and Mustard Chicken
Turkey Meatballs in Tomato Sauce

Vegetable Risotto

Baby Boiled Potatoes with Parsley
Plain Boiled Rice
Savoury Rice
Medley of Farmhouse Vegetables

Green Salad

Baked Jam Roly Poly with Custard
Sauce

THURSDAY

Spaghetti Bolognese
American Chicken Fillet Burger in
a Bun with Salad


Caribbean Vegetable Curry

Creamy Mashed Potato
Baby Boiled Potatoes with Parsley
Sliced Carrots
Medley of Farmhouse Vegetables

Green Salad

Rice Pudding with Jam

FRIDAY

Battered Hoki 
Mexican Style Baked Chicken

Mushroom and Spicy Tomato Pizza

Chips
Braised Rice
Peas
Mushy Peas
Reduced Sugar and Salt
Baked Beans
Green Salad

Chocolate Sponge with Chocolate
Sauce

CERTIFIED
SUSTAINABLE
SEAFOOD
MSC
www.msc.org



Seafood with this mark comes from
a fishery that has been independently
certified to the MSC's standard for a
well-managed and sustainable fishery

Cert.No.MEP-C-089

If you suffer from a food allergy or intolerance you are advised to consult with the Sodexo manager or head chef.

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Weekly Menu

MONDAY

Sausage Lyonnaise

Chilli con Carne

Vegetable Korma

Plain Boiled Rice

Noodles
Mixed Green Vegetables

Green Salad

Baked Fruit Sponge with Custard
Sauce

TUESDAY

Pork Kebab with Mixed Salad and
Minted Yoghurt

Salmon Fishcakes

Roasted Vegetable Lasagne

Oven Baked Potato Wedges
Spring Greens
Mixed Salad

Green Salad

Cheesecake

WEDNESDAY

Freshly Made Beef Burger

Roast Pork

Spanish Omelette

Penne Pasta
Roasted Potatoes
Pasta Salad
Sliced Carrots

Green Salad

Australian Crunchie with Custard
Sauce

THURSDAY

Mississizzling Chicken Fillet

Shepherds Pie

Three Bean Chilli

Plain Boiled Rice
Baked ½ Jacket Potato
Sweetcorn

Green Salad

Fruit Salad

FRIDAY

Battered Hoki 

Old English Chicken and Stuffing
Pie

Macaroni Cheese

Chips
Pasta Shells
Peas
Mushy Peas
Reduced Sugar and Salt
Baked Beans

Green Salad

Chocolate Chip Pudding with
Custard Sauce

WEEK 2

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MONDAY

Beef Masala Keema with Naan

Barbecue Cheesy Chicken

Vegetable and Butternut Squash
Tagine

Plain Boiled Rice
Garlic Mash
Cous Cous
Sweetcorn
Simple Tomato Salad

Green Salad

Lemon Bakewell Tart with
Custard Sauce

TUESDAY

Roast Honey Baked Gammon

Sweet and Sour Turkey with
Noodles

Large Cheese and Onion Pasty

Roasted Potatoes
Prawn Crackers
Spring Greens

Green Salad

Cranberry Slice with Custard
Sauce

WEDNESDAY

Hot Chicken Salsa Baguette

Pork Meatballs in Arrabiata Sauce

Vegetable and Bean Tortilla Stack
with Salsa

Tomato Rice
Coleslaw

Green Salad

Toffee Apple Oaty Crumble with
Custard Sauce

THURSDAY

Traditional Lasagne

Tuna and Sweetcorn Pasta Bake

Quorn Toad in the Hole

Baby Boiled Potatoes
Mixed Peas and Sweetcorn

Green Salad

Marble Sponge with Custard Sauce

FRIDAY

Battered Hoki 

Chilli Beef Wrap

BBQ Cajun Vegetable Sausage
Jambalaya

Chips
Noodles
Peas
Mushy Peas
Reduced Sugar and Salt
Baked Beans
Green Salad

Chocolate Cornflake Crackle

WEEK 3

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Pork Sausages in Red Onion Gravy

Beef Bolognese Fusilli Bake

Vegetable Fajitas

Minted New Potatoes
Plain Boiled Rice
Garlic Bread
Sweetcorn

Green Salad

Chocolate Fudge Cake with
Custard Sauce

TUESDAY

Chicken Tikka and Lettuce Wrap

Hot Fish Finger Baguette with
Tartare Sauce

Cauliflower and Broccoli Cheese

Baked Baby Potatoes
Savoury Rice
Asian Stir Fried Vegetables
Cut Green Beans

Green Salad

Fruity Feast Flapjack with Custard
Sauce

WEDNESDAY

Roast Chicken Thigh

Spicy Lamb Burger

Courgette and Mushroom
Wellington

Oven Baked Potato Wedges
Medley of Root Vegetables
Coleslaw

Green Salad

Eves Pudding with Custard Sauce

THURSDAY

Cottage Pie

Chicken and Sweetcorn Pie

Chilli Bean Cakes and Pineapple
Chutney

Roasted Potatoes
Sliced Carrots
Mixed Salad
Green Cabbage

Green Salad

Treacle Tart with Custard Sauce

FRIDAY

Battered Hoki 

BBQ Cajun Chicken

Spinach and Red Onion Pitta Bread
Pizza

Chips
Peas
Mushy Peas
Reduced Sugar and Salt
Baked Beans
Green Salad

Chocolate Refrigerator Cake

WEEK 4

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